

**CITY OF NEWHALEN**  
P.O. Box 165  
NEWHALEN, ALASKA 99606  
[cityofnewhalen@gmail.com](mailto:cityofnewhalen@gmail.com)  
Ph. 907-571-1226 FAX: 907-571-1540



Phone: (907) 571-1410  
Fax: (907) 571-1537  
[joannewassillie@newhalentribal.com](mailto:joannewassillie@newhalentribal.com)  
Address: P.O. Box 207  
Newhalen, Alaska 99606

### NEWHALEN COMMUNITY CORONA VIRUS PREVENTION DIRECTIONS

The City of Newhalen council members met on March 24<sup>th</sup>, 2020 to discuss the COVID-19 situation and we strongly advise all community members to comply with the following guidance

#### Travel:

- All non-essential travel to or from outside the community will be restricted as of today March 24, 2020 (if you must travel you must inform the City of Newhalen)
- Community members returning to Newhalen, must self-quarantine for at least 2 weeks, complying with the State of Alaska DHHS COVID-19 Health Mandate 10.1 and DHHS COVID-19 Health Alert 9.1 and 9.2. Self-quarantine means the returning community member must not go to work and should avoid contact with the public and with the other members in their household while monitoring their temperature daily.
- We advise all entities to notify their contractors/ business partners that we strongly advise against travel to Newhalen for the next 3 weeks.

#### Children:

- Keep activities as consistent and normal as possible even if your normal routine changes
- Educate them on social distancing (6 feet separation)
- If your children are watching television (news), try to watch with them or make sure you are available to answer questions about what they have heard.
- We encourage no visiting friends or relatives
- Encourage healthy behaviors: eating well, sleeping well, and playing outside

#### Elders:

- We encourage Elders to stay home.
- Have a family member check on Elders daily.
- Make sure Elders have a good supply of food, water, medication.
- There should be no visiting or socializing.

**There are things people can do to stay healthy and avoid spreading disease, such as:**

- Washing our hands
- Covering our mouths when we cough
- Not sharing food or drinks
- Staying home when we don't feel well

We know this is a very trying and stressful situation and we are committed to assist and help the community understand the importance of following the guidelines and procedures. For questions, concerns or suggestion please contact the City of Newhalen. (907-571-1226) or Newhalen Tribal Council at (907-571-1410)

CITY OF NEWHALEN

NEWHALEN TRIBAL COUNCIL