



BBNA Newsletter

P.O. Box 310, Dillingham, Alaska 99576 907-842-5257 www.bbna.com

New Head Start- Fatherhood Program

By Collin Larson, Head Start



Monster vs Aliens-Movie



Fathers and their children at "Movie Night."

The Dillingham Head Start Fatherhood Group had their first meeting the last week of October with two dads showing up. There has been a meeting every week since then, and the numbers of fathers and children attending is growing. So far they have hosted a: Pizza Night; Movie Night; and Dads Open Gym Night. The fathers have also committed to building a special Christmas present for the Head Start moms, aunts, grandmothers, or other female family members. The group is focused mainly on the fathers of Head Start children, but anyone is welcome and encouraged to attend meetings and events put on by the group, especially the grandfathers, uncles, brothers, and male cousins of Head Start children. This unique group of Head Start fathers and their children express enthusiasm, commitment and vision toward their newly founded Fatherhood Group, and hope this will inspire other Head Start communities to run a Fatherhood Program if one is not in place yet.

For more information about the Fatherhood Group or if you have questions, please contact Collin Larson, Classroom & Family Support Liaison at 907-842-4059 or 1-800-478-4059 or by email at clarson@bbna.com.

Angel Tree Project

By Barbara Nunn, Food Bank Coordinator



The Angel Tree Project is a program that provides gifts to those who may be struggling during the winter months and may be in need of an extra present for their child(ren). Social Services and Tribal TANF are operating this program and it serves all of Bristol Bay. The Angel Trees will be located in Dillingham at N&N Market, AC, BBAHC, BBNA and Nushagak Cooperative. If you have any question about the program or would like to participate in it, please call Barbara Nunn, Food Bank Coordinator at 907-842-4139 or 1-800-478-4139 or by email at bnunn@bbna.com.

Christmas Food Drive

By Barbara Nunn, Food Bank Coordinator

BBNA Regional Food Bank is requesting donations for their holiday food boxes. N&N turkey cards will be accepted. The holiday food boxes will be distributed through out the Bristol Bay region during the holiday. Their will be holiday food boxes located in Dillingham at AC & N&N. If you have any question about the Christmas Food Drive or with like participate in it, please call Barbara Nunn, Food Bank Coordinator at 907-842-4139 or 1-800-478-4139 or by email at bnunn@bbna.com.



Holiday Food Box

Inside	Page
* Census 2010 In Bristol Bay	2
* Energy Summit	2
* BBNA Main Building Exp.	3
* Celebrating Head Start	3
* News From The Wellness	3
* Kokhanok Fuel Reduction	4
* BBNA Chainsaw Training	4
* Head Starts First Day	4
* Partners For Fisheries	4
* Lake Iliamna Seal Research	5
* Economic Development	5
* Arrigah House Turn-Out	5
* New Employees	6
* Winter Carnivals	6
* Bristol Bay Campus	6
* Family Christmas Activities	7
* VPSO Program News	7
* Bristol Bay Calendar Events	8

Census 2010 In Bristol Bay

By DeeDee Bennis, BBNA CAO



What is the Census?

- The census is a count of everyone living in the United States every 10 years.
- The census is mandated by the U.S. Constitution.
- The next census is in 2010.
- Your participation in the census is required by law.
- It takes less than 10 minutes to complete
- Federal law protects the personal information you share during the census.
- Census data are used to distribute Congressional seats to states, to make decisions about what community services to provide, and to distribute \$400 billion in federal funds to local, state and tribal governments each year.



Employment opportunities for census takers will be needed in each community. Once team leaders are hired in your community to start the efforts and public relations, the local census takers will be on board to start the census.

The U.S. Census Bureau, U.S. Dept. of Commerce is changing the way it takes the census, using only the short form to count the population in 2010. This short form has 10 questions and will happen in the Bristol Bay region door to door on February 22, 2010. Please take time out of fill out his short form with the census taker when they come to do the census.

Included on the short form is a question on Race, question number 9. –You will have a choice to mark what your race is as well as what American Indian and Alaska Native Tribe you belong too. The census counts individuals at the location where they reside at the time the census is taken. If you have family or friends who do not live in the Bristol Bay it is important to let them know to complete question nine by noting what tribe you are enrolled in as a American Indian or Alaska Native.

For more information about plans underway for 2010 count you can go to their web page at www.census.gov

Energy Summit - “Energy Efficiency” Turn Out

By Melody Nibeck-Edgmon, Tribal Energy Program Mgr



“The Bristol Bay Native Association hosted a regional energy summit October 8-10 titled “Energy Efficiency, the First Step to Renewable Energy.” The primary purpose was to learn more about energy efficiency and the important role it plays in reducing energy costs. The event began with a community reception on Thursday night to welcome both presenters and participants, including village leaders from Aleknagik, Chignik Bay, Chignik Lake, Clark’s Point, Curyung, Igiugig, Iliamna, Kokhanok, Levelock, Manokotak, New Stuyahok, Pedro Bay, Perryville, Pilot Point, Port Heiden, Portage Creek, Twin Hills and Ugashik. BBNA’s CEO, Ralph Andersen, kicked things off with opening remarks on Friday morning that set the tone for the summit. There were presentations by the Alaska Energy Authority, Alaska Housing Finance Corporation, Alaska Center for Energy & Power, National Renewable Energy Laboratory, Renewable Energy Alaska Project (R.E.A.P.) and a host of others. Summit participants also heard from Gene Therriault, the newly-appointed senior energy policy adviser to the Governor, Senator Hoffman and Representative Edgmon and were surprised by a visit from Lieutenant Governor Craig Campbell, who spoke at length about his special passion for energy-related issues. The two-day summit concluded on Saturday with technical workshops on lighting and appliances, weatherizing your home, energy audits, advanced lighting technology, wood as energy and “I Want a Wind Turbine!” The Tribal Energy Program has copies of some of the presentations. If interested, please call for a copy, contact Melody Nibeck-Edgmon at 907-842-5257 Ext 331 or 1-800-478-5257 or by e-mail at mnibeck@bbna.com.

The Tribal Energy Program would like to express thanks to: The Bristol Bay Partnership (BBNA, BBNC, BBHA, BBEDC and BBAHC), the Bristol Bay Campus, the Denali Commission and the Alaska Conservation Foundation for their sponsorships. A special note of thanks also goes out to the City of Dillingham, the Dillingham Chamber of Commerce, Nushagak Cooperative, the Speaker’s Bureau of the Alaska Housing Finance Corporation and Wells Fargo for their valued contributions.”



BBNA Main Building Expansion

By DeeDee Bennis, BBNA CAO

BBNA is currently adding a 2nd floor to its main office building. The additional office space will allow BBNA's Workforce Development Department to join the rest of the administration under the same roof. The expansion to the main building is to consolidate operations, lower operations costs and allow us to bring the Work Force Development Center and Alaska Job Service to BBNA's main office along side our

other departments. Additional parking will be available behind the building. Not only will BBNA be more of a one-stop center, it will also enhance services to our membership and prevent having to refer individuals from one building to another. To help enhance operations to the main building expansion and to save on energy costs, the building has a new look with new siding.

The substantial completion is set for December 19th. The plan is to starting moving staff to the new floor by late December and Workforce and Alaska Job Services to start moving the 2nd week in January 2010. An open house will be planned after the holidays.



Celebrating Head Start Success

By Anne Shade, Head Start Director

Every year the Alaska Head Start Association recognizes statewide excellence through a series of awards to be presented at the annual conference in Juneau. This year BBNA Head Start won in 4 different categories; please take the opportunity to congratulate our winners:

Cook of the Year – Sam Kohuk, Togiak Head Start

Health Manager with emphasis on Nutrition –
Jeanie Timmerman, Wellness Content Manager



Jeanie Timmerman &



Sam Kohuk

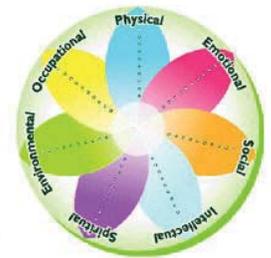
Head Start / School District Collaboration of the year – Bristol Bay Borough School District for housing and supporting the BBNA Head Start program.

Corporate Award- Peter Pan Fisheries and the fisherman of the Bristol Bay (Thank you for all your fish donations that have been feeding School District and Head Start children throughout the Bristol Bay!)

News From The Wellness Corner

By Jeanie Timmerman, Head Start Wellness Manager

BBNA is continuing its participation in the Alaska Workplace Solutions project that assists us in implementing practices to help our employees in preventing chronic disease such as cancer, diabetes, heart disease, and stroke. We completed our employee interest survey that indicated our employees would like to see interventions that would assist in getting more and better exercise, managing weight, checking cholesterol levels and how to reduce them, having access to blood pressure checks and flu vaccine, and in learning more about preparing healthy meals. The next step is to start to work with our staff person from ANTHC to implement the practices and strategies that match our selected interests. We hope to better use our current resources and some new ideas to improve the health and well being of our employees.



Our BBNA Head Start program is off to a healthy start this year as our children are moving and learning as they utilize the materials from the "I Am Moving, I Am Learning" program. The dental team from Kakanak has been a great collaborator with our program at all of our sites and most of the children have received an exam and preventive dental care. Information about H1N1 flu and seasonal flu has been shared with all of our sites. The children of Head Start age are among the target population to receive the H1N1 vaccine so we are assisting in ensuring that they are offered protection.

We are looking forward to continuing through our year with happy, healthy children in our classrooms.

Kokhanok Fuel Reduction Break Project

By Tom Dearlove, Forestry Program Mgr

The BBNA Forestry Department has contracted with the Kokhanok Village Council (KVC) to burn woody slash piles that were produced from a fuel reduction project funded by the Bureau of Indian Affairs. The KVC hired a local labor force to relocate the slash to an area where it was safely burned. The goal of this project is to reduce the fuel in the event of a wildfire. The fuel break serves as a defensible space for the community to stop a wildfire before it can damage buildings in the Kokhanok area.



Village of Kokhanok in the background; note the fuel break running from the community to the road on the east side.

BBNA Chainsaw Training and Firewise Project

By Tom Dearlove, Forestry Program Mgr

In October of this year the BBNA Forestry Department hosted a chainsaw training class in Dillingham. The class was taught by a hot-shot-wildfire crew member from Chugachmiut, Ltd. The course was a three-day intensive training in the correct use of chainsaws, chainsaw safety, and chainsaw maintenance. Students had two days of classroom work and one day in the field practicing the techniques learned in the classroom. Several students commented on how much this class taught them on the professional methods of directional falling and the safe use of chainsaws. Several of those that attended the chainsaw training were then hired to conduct the second Firewise Project in the Dillingham and Aleknagik areas on Native Allotments.



Local Dillingham residents learning proper chainsaw cutting techniques.

Thirteen Native Allotment homeowners participated in the second Firewise Project. Local forestry laborers worked from August through November cutting brush, falling trees, and clearing a defensible space to protect the homes from wildfire.

Head Starts First Day

By Jennifer Gardiner, Program Logistics Mgr

On September 9, 2009 the Dillingham Head Start had its first day of school. It went extremely well, most of the kids were excited about coming to school. One child was so excited to go home he went around asking “Do you have a car?” and “Can you take me home?”

The Head Start staff would like to thank the parents and volunteers for the time already spent in the classroom, at meetings, and with the new Fatherhood program.



Children washing their hands getting ready to eat.

Partners for Fisheries Monitoring Program Update

By Courtenay Carty Gomez, Subsistence Fisheries Scientist

BBNA worked with the ADF&G Division of Subsistence to develop and submit a proposal titled, “Iliamna Lake Fish Camp Ethnographic Study” to the Alaska Sustainable Salmon Fund on October 30, 2009. If funded the proposal will study the subsistence salmon harvests of Kokhanok. The Kokhanok Village Council passed a resolution supporting this project.

Check the BBNA job listings for our upcoming advertisement for the Fisheries Education Outreach Coordinator which will be advertised soon. This is a project position funded from January 2010 through December 2011. The Fisheries Education Outreach Coordinator will work with local schools to implement fisheries and natural resources education curriculum in our classrooms. If this sounds like the job for you, check the job listings and apply! If you have any questions, please contact Courtenay Carty Gomez at 907-842-5257 or 1-800-478-5257 or by email at ccarty@bbna.com.

Lake Iliamna Seal Research Project Update

By Courtenay Carty Gomez, Subsistence Fisheries Scientist



Two local research assistants have been hired to work with BBNA on the Lake Iliamna seals research project. Chasity Anelson will coordinate efforts in Iliamna and Elijah Eknaty will work in Kokhanok. The Lake Iliamna seal research project focuses on three research objectives: 1) Gather local and traditional ecological knowledge interview and subsistence harvest surveys; 2) Conduct aerial surveys for population size and distribution patterns; and 3) Collect tissue samples from seals harvest in the spring subsistence hunt for genetic analyses as well as animal health. The research team will be setting up community review meetings in each community in the near future.

If you have any questions please contact Courtenay Carty Gomez or Helen Chythlook at 907-842-5257 or 1-800-478-5257 or by email at ccarty@bbna.com or hchythlook@bbna.com.

Economic Development Update on CEDS Document

By Norman Anderson, Economic Development Planner



BBNA's Economic Development Program Manager, Norman Anderson is responsible for developing the Comprehensive Economic Development Strategy (CEDS) Document. Norm is in the process of restructuring the CEDS document according to EDA's new guidelines. The new guidelines call for a shorter document that has measurable goals and objectives that are tied to job creation. The new CEDS document is expected to be available by early this coming year.

How is the CEDS document developed? First Norm gathers demographic information on the region. Then he gathers input from each village by surveys and contact with the BBNA Full Board members on current and future projects. Norm drafts the CEDS document for review and approval by the CEDS committee. The committee is made of community members and organizations that have a stake in Bristol Bay. The overall goal of the CEDS is to achieve sustainable development in Bristol Bay while protecting subsistence resources.

As part of the process, Norm is working on collecting and organizing the regions' community plans to have them in a one stop shopping format. Norm will be contacting local governments for their plans and will be visiting each community for input into the CEDS document. Norm looks forward to visiting with you soon. If you have any questions please contact Norman Anderson at 907-842-5257 or 1-800-478-5257 or by email at nanderson@bbna.com.

Arrigah House Turn Out

By DeeDee Bennis, BBNA CAO



BBNA's Wellness Initiative: is a non-treatment program approach that works to shift the tools, responsibility, and power for the healing and development of healthy behaviors to individuals, families, and communities.

Bristol Bay Wellness Principles

- Self-empowerment
- Building capacity within our communities
- Changing attitudes, behaviors and belief systems

The goal is to work within our region to develop our villages towards the holistic approach towards wellness. Social Wellness is one of four components to keep us on track through the partnership and collaboration efforts we have with several agencies on a local and State-wide level and all our villages within Bristol Bay. We recognized the following elements of development:

- Sustainable Economic Growth,
- Academic Achievement,
- Social Wellness, and
- Native Values, Language and Culture

All four identified elements of development are inter-related and must be addressed together.

BBNA hosted a Arrigah House 34 training conference event – Sept. 22-26, 2009 at the Ekwok Lodge in partnership with South Central Foundation, Family Wellness Warriors Initiative (FWWI) to help further our wellness discussions toward social wellness.

BBNA continues their collaboration efforts with all its partners to bring another wellness event following the journey guide from the FWWI program. More information will follow once a date has been determined for mid January 2010. If you have any questions or would like more information please contact DeeDee Bennis at 907-842-5257 or 1-800-478-5257 or by email at dbennis@bbna.com.

New Employees at BBNA

By Olga Kropoff, Personnel Specialists

BBNA Personnel department has been very busy hiring new employees the past few months with 15 new employees since mid August through the end of October 2009.

In August, the Head Start Department hired five new employees, Sally Andrew, Manokotak Teacher's Aide, Anecia Lomack, Manokotak Center Coordinator/ Teacher, Panteleimon Paul, Manokotak Classroom & family support Aide, Melanie Noden, Dillingham Substitute Teacher's Aide, and Karen Lopez-Johnson, Naknek Teachers Aide.

In September, the Land Management Services Department hired two new employees, Mariano Peters, LMS Trainee and Rose Bennett, LMS Trainee. In September, Community Services VPSO program hired a new VPSO, David Askoak II stationed in Newhalen. Also in September, the Social Services Department hired two new employees, Joan Junge, Elderly Care Coordinator and Nancy Anderson, Youth Activities Coordinator stationed in Chignik Lagoon.

In October, the Land Management Department hired a new employee, Violet Apalayak, LMS Assistant. The Workforce Development Department hired two new employees, Donna Roberts, Tribal Temporary Assistance for Needy Families (TANF) Program Assistant and Hazel Schroeder, Low Income Home Energy Assistance Program (LIHEAP) Caseworker. Also in October the Head Department hired Melanie Noden, Dillingham PM Teacher's Aide and Bonnie Giordano, Admin Support I-II.

VPSO Program News

By Carla Akelkok, VPSO Program Mgr

We currently had a Statewide VPSO Coordinator Meeting and we were able to have one Sgt. VPSO attend and review and update the VPSO Field Manual that Department of Public Safety (DPS) provides to all VPSO's. The meeting covered all policies and procedures while out in the field and providing a career ladder from start as a VPSO to advance to become a Sgt. VPSO Field Training Officer. Also, DPS is encouraging all statewide VPSO Programs to fill their vacant positions before the end of the FY' 10 to build up the positions to where they were in the past. Currently we are under the 71 positions funded for statewide.

We also attended the VPSO Regional Training in mid November at the Fort Richardson AFB, Anchorage, Alaska. This is a mandatory training done on an annual basis with our VPSO's. For these last (3) years, we've been able to provide this training with other statewide VPSO's Programs in King Salmon, Kodiak, and Anchorage, Alaska.

We also have a new VPSO on board, VPSO David Askoak II, he started on September 30, 2009 in Newhalen, Alaska. David will be attending the FY' 10 VPSO Academy in Sitka, Alaska with VPSO Michael Myers who is our Levelock VPSO.

Winter Carnivals

Tentative Dates- Contact Villages For More Information

January & February

Naknek Winter Fest
Nushagak Classic (DLG-Koliganek Dog Race)
Koliganek Carnival
Newhalen Carnival
New Stuyahok-Beaver Fest

March

Ekwok Woman's Race
Kokhanok Carnival
Levelock Carnival
Dillingham - Beaver Round-Up
Nondalton Family Fun Week

Bristol Bay Campus Free Tutoring

Need extra help solving that tough math problem or proofing your English paper? Tutoring is now available in these Subjects:

- * Writing
- * Math
- * Biology/Science
- * Business & Accounting
- * Computers

Call or E-mail to make an appointment!!

907-842-5109

bbc.tutoring@alaska.edu



Phone: 907-842-5109

Fax: 907-842-5692

E-mail:

bbc.tutoring@alaska.edu



Family Christmas Activities

Christmas Tree Gift Bags

By <http://familyfun.go.com/Christmas/homemade-christmas-gifts/>

Want a special way to deliver a holiday present? Here's a cute Christmas Tree gift bag that will make anyone jolly.

Materials

- Paper bag
- Glue
- Card stock
- Marker
- Pencil
- Fake gems
- Glitter
- Hole punch
- Stapler

Total Time Needed: 1 Hour

Instructions

1. Print the star from the lower portion on the Reindeer Gift Bag template. (We used 8 1/2-inch-tall bags here, but you can alter the parts for larger bags, if necessary.) Use a pencil and a ruler to lightly mark a triangle on a green paper gift bag as shown.
2. Fold along these lines, then smooth out the folds and lay the bag flat.
3. Decorate inside the triangle with swags of glue and glitter, then glue on fake gems and circles hole-punched from white or colored paper. Allow the glue to dry, then place a small gift inside the bag.
4. Refold the bag and staple the sides together at the back, then glue a yellow card stock star to the top of the tree.



Tissue Angel Ornament Craft

By Sherri Osborn, <http://familycrafts.about.com/od/christmascrafts/u/ChristmasCrafts.htm#s2>

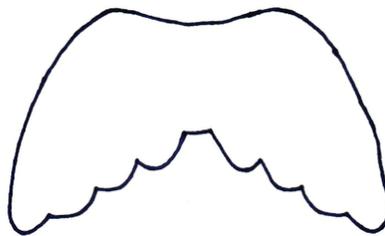
This little angel will look adorable on a holiday tree, hanging in a window, or tied on a gift.

- Age Guideline: 5 Years and Up
- Time Required: 30 minutes (Does not include drying time)

The above age and time guidelines are estimates. This project can be modified to suit other ages and may take more or less time depending on your circumstances.

Materials Needed:

- Two Pieces of White Facial Tissue
- Thin Ribbon
- Silver Chenille Stem
- Cardboard
- Aluminum Foil
- Black Marker
- Craft Glue
- Scissors



Angle wing pattern

Instructions:

Crumple up one piece of facial tissue into a ball shape. Put it in the center of another tissue, and fold that tissue up around the ball. Tie a 10" piece of ribbon lightly around the tissue to hold the ball in place; tie it into a bow.

Use a marker to make a face on the angel just above the bow. Cut a 5" piece of silver chenille stem. Form one end of the chenille stem into a circle to make the halo. Glue it to the back of the tissue head.

Cut another 10" piece of ribbon. Glue it into a loop shape on the back of the angel's head to use for hanging.

Draw angel wings onto a piece of lightweight cardboard and cut it out. If you prefer, you can print out these angel wings. Cover the cardboard wings with aluminum foil then glue and the wings onto the back of your angel.



Bristol Bay Calendar Events

Event/Location	Date	Who to contact for more information
Alaska Board of Fisheries Anchorage	12/1-8/2009	Alaska Board of Fisheries
BBNC Village Leadership Workshop Anchorage	12/7-8/2009	BBNC 907-278-3602 or 1-800-426-3602
Curyung Tribal-Meeting Dillingham	12/9/2009	Dorothy B. Larson 907-842-2384
BBAHC Executive Meeting	12/16-18/2009	BBAHC 907-842-5201
BBNA Executive Committee Mtgs	12/18/2009 01/15/2010 02/12/2010	BBNA 907-842-5257
BBNA-Closed Holiday	12/24-25 & 31/2009	BBNA 907-842-5257
BBNA Higher Education Spring funding Deadline	1/4/2010	Serena or Colette 907-842-2262 or 1-888-285-2262
BBNA President & Administrators Meeting	02/22/2010	Ida Roehl, 907-842-5257
BBNA Full Board Meeting	03/17-19/2010	BBNA 907-842-5257

To see more community events go to BBNA's interactive Community Calendar at <http://plus.calendars.net/bristolbay>

The Mission of BBNA is to maintain and promote a strong regional organization supported by the Tribes of Bristol Bay to serve as a unified voice to provide social, economic, cultural, educational opportunities and initiatives for the benefit of the Tribes and the Native people of Bristol Bay.

BBNA Contact Information

BBNA Main Office

1500 Kakanak Road
P.O. Box 310
Dillingham, Alaska 99576
Phone: 907-842-5257
Toll Free: 1-800-478-5257
Fax: 907-842-5932

Family Resource Center / Head Start

1500 Kakanak Road
P.O. Box 310
Dillingham, Alaska 99576
Phone: 907-842-4059
Toll Free: 1-800-478-4059
Fax: 907-842-2338

BBNA Workforce Development

305 Wood River Road
P.O. Box 310
Dillingham, Alaska 99576
Phone: 907-842-2262
Toll Free: 1-888-285-2262
Fax: 907-842-3498

To find out current information about BBNA go to our website at www.bbna.com



Bristol Bay Native Association
P.O. Box 310, Dillingham, Alaska 99576

Presorted Standard
U.S. Postage
Paid
Permit No. 360
Anchorage, AK

ECRWSS

Postal Customer